















DISHES		Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanut	Sesame seeds	Soya	Sulphur Dioxide	
																
NOT FRIED	Egg Fried Rice	NO	YES, wheat	NO	YES	NO	NO	NO	NO	NO	NO	NO	YES	YES	NO	
	Plain Rice	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	
	Vegetable Noodles	NO	YES, wheat	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	YES	NO	
	Red Thai Chicken Curry	MCT*	YES, wheat	NO	NO	NO	NO	NO	NO	MCT*	NO	NO	NO	MCT*	NO	
	Chinese Chicken Curry	MCT*	YES, wheat	NO	MCT*	NO	NO	MCT*	NO	YES	NO	NO	NO	YES	MCT*	
	Black Bean Chicken	MCT*	YES, wheat	NO	NO	NO	NO	NO	NO	MCT*	NO	NO	NO	YES	YES	YES
	Teriyaki Beef	NO	YES, wheat	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	YES	NO
	Green Thai Tofu Curry	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO
NON MEAT FRYER	Pumpkin Katsu Curry	MCT*	YES, wheat	NO	MCT*	NO	NO	MCT*	NO	YES	NO	NO	MCT*	YES	MCT*	
	Salt & Pepper Potatoes	MCT*	MCT*wheat	NO	NO	NO	NO	NO	NO	MCT*	NO	NO	MCT*	MCT*	NO	
	Jumbo Spring Rolls	MCT*	YES, wheat	NO	NO	NO	NO	NO	NO	MCT*	NO	NO	YES	YES	NO	
	Mini Vegetable Spring Rolls	MCT*	YES, wheat	NO	NO	NO	NO	NO	NO	MCT*	NO	NO	YES	YES	NO	
	Chopstix Chips	MCT*	MCT*wheat	NO	NO	NO	NO	NO	NO	MCT*	NO	NO	MCT*	MCT*	NO	
MEAT & SEAFOOD FRYER	Caramel Drizzle Chicken	MCT*	MCT*wheat	MCT*	NO	MCT*	NO	MCT*	MCT*	MCT*	MCT*peanut	MCT*peanut	YES	MCT*	YES	
	Golden Salt 'n' Pepper Chicken	NO	MCT*wheat	MCT*	NO	MCT*	NO	MCT*	MCT*	MCT*	NO	NO	MCT*	MCT*	MCT*	
	Sweet & Sour Chicken	NO	YES, wheat	MCT*	NO	MCT*	NO	MCT*	MCT*	MCT*	NO	NO	MCT*	YES	MCT*	
	BBQ Chicken	NO	YES, wheat	MCT*	NO	MCT*	NO	MCT*	MCT*	MCT*	NO	NO	MCT*	YES	MCT*	
	Sticky Asian Wings	NO	YES, wheat	MCT*	NO	MCT*	NO	MCT*	MCT*	MCT*	NO	NO	MCT*	YES	MCT*	
	Katsu Chicken Curry	NO	YES, wheat	MCT*	MCT*	MCT*	NO	MCT*	MCT*	YES	NO	NO	MCT*	MCT*	MCT*	
	Sweet Chilli Prawns	NO	YES, wheat	YES	NO	MCT*	NO	MCT*	MCT*	MCT*	NO	NO	MCT*	MCT*	MCT*	
	Prawn Crackers	NO	MCT*wheat	YES	NO	MCT*	NO	MCT*	MCT*	MCT*	NO	NO	MCT*	MCT*	YES	
	Duck Spring Rolls	NO	YES, wheat	MCT*	NO	MCT*	NO	MCT*	MCT*	MCT*	NO	NO	YES	YES	MCT*	
	Battered Ball	NO	YES, wheat	MCT*	NO	MCT*	NO	MCT*	MCT*	MCT*	NO	NO	MCT*	MCT*	MCT*	
SAUCE	Sweet Chilli Sauce	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	
	Katsu Sauce	MCT*	YES, wheat	NO	MCT*	NO	NO	MCT*	NO	YES	NO	NO	NO	MCT*	MCT*	
	Soy Sauce/Sachet	NO	YES, wheat	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	

\* MCT - May contain traces

\*\*As we use shared equipment in a busy environment, we cannot guarantee that our food is 100% free of any allergen

\*\*\* Not all products are available in all stores